ATHLETE'S GUIDE







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WELCOME

Welcome to CHALLENGE TURKU 2021!

We are happy to have you with us and wish you the most enjoyable event.

This athlete's guide provides you with important information for your and all racers' safety.

Heikki Jaatinen Event Director, Challenge Turku

SCHEDULE – JUNIOR CHALLENGE

FRIDAY 30. JULY

16:00–21:00 Registration, Race office open (Taideakatemia (art academy), Linnankatu 54-60, 20100 Turku)

SATURDAY 31. JULY

9:00-21:00 Race office open (Varvin tori, Taideakatemia)

Junior Challenge (Child + Parent) & Special Triahtlon
9:00-10:30 Registration in the race office
9:00-10:45 Bike check-in (Transition area, Forum Marinum)
11:15 Child + Parent & Special Triathlon Start

Junior Challenge(P/T11, P/T13, P/T15) 9:00-11:30 Registration in the race office 9:00-11:45 Bike check-in 12:15 Junior Challenge P/T11 start 12:40 Junior Challenge P/T13, P/T15 start 13:45 Junior Challenge Awards

Important locations



Race Centre:	Varvintori Square
Race Office:	Taideakatemia (Art Academy)
Swim start:	Aura River, 150m from the Transition Area
Transition Zone:	Varvintori Square
Finnish:	Varvintori Square

BEFORE THE RACE

Registration

Registration and race packet pickup is from Varvintori Race Center on Friday and Saturday.

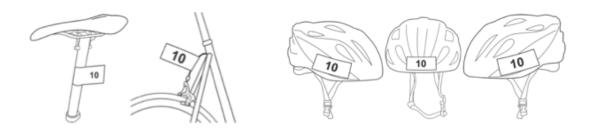
Operating hours are: Friday 30th July, 16-21

Saturday 31st July, 9-11:30

The registration packet contains a race number, timing-chip, sticker for your bike and helmet and a swim cap.

We recommend that you attach the race number to a race belt or use a rubber band and safety pins around your waist to carry your race number. You should wear the race number at your back while biking and rotate it to your front when running. The race number must not be folded or cut; it must be worn as it is. For your safety, please write the name and phone number of your caretaker on the back of the race number.

Please remember to attach the race number stickers on your bike and on your helmet before entering the bike check-in. Do it as follows:



Race Briefing

Challenge Turku will again this year have a virtual race briefing which means that there will be no mandatory race briefing in the race venue before the race. The virtual race briefing will be published on the internet before the race and the link for athletes will be sent via email on Friday 31st July at the latest.



Transition area (T1 and T2)



Transition area is located in Varvintori Square. There is an area marked for the Junior Challenge athletes.

Please, bring your cycling and running accessories ready to the transition area before the race. Find your number on the bike rack and put your items in a box which is given by organizers.

Bike check-in time for the Junior Challenge is on Saturday 31 July 9.00-11.45.

In the bike check we will focus on:

- You have number stickers, which are given in the registration packet, on your bike and helmet.
- In addition, we will check your brakes and that your helmet is unbroken and the strap is tight. Put your helmet on when you arrive at the bike check.

After the bike check, put your bike on the bike rack. The volunteers will assign you to find your own place. All athletes are placed based on their race number. There is a separate transition area for the Child+adult category where even the smallest bikes can easily be fitted.

- Before the race you are allowed to check/add/remove items from your place in the transition area.
- Bottles, helmets and shoes can be attached to the bike.
- Items which are not attached to the bike have to be in the box and the ground area around must be completely clear of all items before leaving for the race.
- If necessary, you can leave your warm up clothes in the Garage in Varvintori Square and pick them after the race.

We recommend that you familiarize yourself with the Transition Area before the race in order to make sure that you recognize where to enter and exit the Transition Area at the T1 and T2.

Remember the timing chip! The timing chip must be placed on your right ankle during the entire race. No chip = no time.

GANT

RACE COURSES

SWIM

You must be at the swim start area at least 15 minutes prior to your start.

The swim starts from the water. The volunteers will guide you. DO NOT JUMP TO THE WATER!

The swim consists of one (1) loop with marking buoys always on your right side. In the Child + adult category the loop is 50m, in U11 150m and in U13/15 2x150m. There are kayaks and sup boards in the water during the swim to secure the safety of the swimmers.



BIKE

Helmet must always be worn when the bike is moving during the race. The chinstrap of your helmet must be securely fastened before you remove your bike from the bike rack and remain fastened until you have finished the bike course and put your bike back on the rack. It is not permitted to ride your bike in the Transition Area. You can start biking only after

crossing the 'start biking' line marked on Linnankatu street. There will be volunteers guiding you at the transition and at the 'start biking' line.

The course leaves to the right from Linnankatu street towards downtown about 150 meters where it turns 180 degrees back down. The course turns right at the Turku Castle intersection to Vallihaudankatu street and further to Juhana Herttuan puistokatu street. There is another 180 degrees turning point. The Junior Challenge race has a loop of 2.5km that is done twice in U11 category and three times in U13/15 category. during the bicycle segment. Child + parent stays on Linnankatu. It's loop is 1.2km and the loop is cycled twice .

The bike course finishes upon returning to Linnankatu street. Dismount from the bike before the dismount line at Linnankatu street and run/walk your bike back to the original position on the bike rack where your number is and hang it back up on the rack. You can remove your helmet once your bike is properly racked. There will be volunteers at the dismount line to guide you.

Drafting is allowed in all junior classes. Ride the right side of the marked course. Always passing other groups from the left side.



RUN

The race segment begins immediately after leaving the Transition Area next to the Suomen Joutsen sailship. The finish is located at the Varvintori square. After leaving the transition area the run course continues toward downtown Turku along Linnankatu. At Veistämönkuja the course returns to the banks of the river Aura and further to Varvintori where the finish line is located.

After you finish the race there will be volunteers taking care of your timing chip. Please remember to return your chip to avoid the payment. If you decide to withdraw, return the chip immediately to the race office.



GENERAL INFORMATION

AWARDS

The Award Ceremony is held in Varvintori at 13:45.

Changing clothes and showers

Showers and changing rooms will be open right after the race at the Race Center in Varvintori square.

Contact information

General information: info@sbrfinland.com

Race Office: Sari Holmström: +358 45 1144279 / sari.holmstrom@sbrfinland.com

Event Director and security: Heikki Jaatinen: +358 40 7050615 / heikki.jaatinen@sbrfinland.com

Race Course: Kimmo Holström: +358 40 5920074 / kimmo.holmstrom@sbrfinland.com

Race Venue, rules: Leevi Hietanen: +358 50 5004266 / leevi.hietanen@sbrfinland.com

Lost and found

Lost and found items will be brought to the Race Office and will remain there until the closing of the event Sunday evening. After that, all items are kept by SBR Finland Oy for 3 months, you can make inquiries at: info@sbrfinland.com.

Medical care

First aid station is located at the Varvintori square.

Musical devices

Musical and communication devices such as iPods and mobile phones are prohibited during the race.

Parking

There are only limited parking options close to the race venue. Accordingly, we recommend that you leave the car at home/at the hotel. Harppuuna parking area (Vallihaudankatu 1) is

located 800m from the transition area and it offers quite a cheap parking time for approximately 300 cars.

During the bicycle check-in cars can be temporarily parked at the Forum Marinum parking area. Parking on Linnankatu is strictly forbidden.

Photo service

You will find your photos and video from the event website and social media as soon as possible after the completion of the event.

Protests and race jury

An athlete can protest an officials' decision or against another athlete's behavior. Protests must be given to the Race Office in writing within 90 minutes of completing the race. The jury delegate will handle the protests and may call the race jury for a meeting. Members of the race jury will be announced on the notice boards at the Race Center on the race day.

Restrooms

Portable restrooms are found at several places within the race venue area.

Results

The results will be up on the notice boards on the Race Center at the end of the race, and online on www.challengeturku.com.

Spectators

Please see a separate Spectator's Guide. **PLEASE NOTE that the spectators are strictly** forbidden to enter the E18 highway during the bike segment on Sunday!

Timing chip

The registration packet contains a timing chip with a Velcro band for timing during the race. The timing chip must be placed on your right ankle during the entire race. No chip = no time. Check carefully that the chip is still on your ankle after removing your wetsuit. Do not walk on the timing mats before the start of the race! After you finish the race there will be volunteers taking care of your timing chip. If you do not return your chip to the volunteers at the finish, we will charge you the cost of the timing chip of EUR 50.

Withdrawal from the race

If the athlete decides to withdraw from the race at any time, it is the responsibility of the athlete to report about the withdrawal to a volunteer and return the timing chip.

PLEASE NOTE! All participants are racing at their own risk. All athletes are responsible for knowing the race course and the race rules!

Corona info

Our main principle is that it is safe for everyone to participate in the event. Therefore, we had to do some practical modifications due to the coronavirus situation. This year, we minimize contacts which are not crucial for a successful race. That means that there are no showers available in the race venue. Also, in aid stations drink is not served to you but you have to take it from the table by yourself. In addition:

If you feel sick in any way, do not hesitate to cancel your participation Avoid crowds and keep a safe distance whenever possible.

Use a face mask especially indoors, for example in the race office

Welcome and good luck on the race day!

